



## **MELANOMA ONLINE LESSON PLANS**

### **For High School & Middle School Health & Wellness Educators**

(Revised 11/21/2019)

#### **Full Lesson Plan (requires one class period)**

##### **1. Pre-video questions to ask students:**

- a. How many have had bad sunburns?
- b. Who uses sunscreen and/or other sun protection outdoors routinely?
- c. How many use tanning beds?
- d. Who has family members who have had skin cancer?
- e. How many feel they are knowledgeable about melanoma?

##### **2. Go to [melanomaeducation.net](http://melanomaeducation.net)**

Click on blue text below one of the student videos, then enter your email address.

- For middle school students: Should've, Could've, Would've (22 minutes)
- For high school students: My Melanoma Vlog (16 minutes)

**3. Brief Post-video discussion:** Ask students whether the video changed their notions about skin cancer.

##### **4. Student Homework Assignment**

Direct students to go to [melanomaeducation.net](http://melanomaeducation.net) > Resource page > See Spot (in classroom materials). Share the document with parents to teach them about melanoma. Students love this assignment!! After educating parents print the second page of the document, have a parent sign it, and return it to the health teacher.

#### **Half-Period Lesson Plan**

Same as full-period plan but omit #1 and #3.