



MELANOMA LESSON PLANS **For High School & Middle School Health & Wellness Educators**

(September, 2020)

Full In-Person Lesson Plan (requires one class period)

1. Pre-video questions to ask students:

- a. How many have had bad sunburns?
- b. Who uses sunscreen and/or other sun protection outdoors routinely?
- c. How many use tanning beds?
- d. Who has family members who have had skin cancer?
- e. How many feel they are knowledgeable about melanoma?

2. Go to melanomaeducation.net to show a student video

Click on one of the student videos, then enter your email address.

- For middle school students: Should've, Could've, Would've (22 minutes)
- For high school students: My Melanoma Vlog (16 minutes)

3. Brief Post-video discussion:

Ask students whether the video changed their notions about skin cancer.

4. Student Homework Assignment

Direct students to go to melanomaeducation.net, scroll down to “[Teach Your Parents About Melanoma...](#)”, and click on “See Spot.”

Students love this assignment!! After educating parents with the See Spot document have them print the second page of the document, get a parent’s signature, and return it to you.

Half-Period In-Person Lesson Plan

Same as full-period plan but omit Pre-video questions and Post-video discussion.

Remote Lesson Plan

1. Brief Introduction

2. Show one of the student videos
3. Direct students to go to melanomaeducation.net, scroll down to “Teach Your Parents About Melanoma,” and click on “See Spot.”

Independent Student Lesson if you are unable to include one of the teacher-assisted lessons in your curriculum.

Option 1: Assign students to go to melanomaeducation.net, scroll down to “Student and Teacher Lesson Videos” and follow instructions to watch a video, then teach their parents about melanoma using the “See Spot” document.

Option 2: Offer students extra credit if they complete Option 1.